

Revised 31/07/2024

THE BRIDGES PARTNERSHIP

41-46 CAVENDISH MILL, BANK STREET, ASHTON UNDER LYNE OL6 7DN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9am – 12pm Citizens Advice Drop in.</p> <p>9.30am – 12pm Daisy Chain (requires referral)</p> <p>11am – 12pm LAVA – Life After Violence & Abuse (rolling course)</p> <p>12.30pm – 1.30pm Craft for calm (rolling course)</p> <p>Counselling (appointments available am and pm) (requires referral)</p>	<p>9.30am – 11.30am Coffee Morning</p> <p>1pm – 3pm VR Flourish</p> <p>CGL appointments available (pm)</p> <p>Counselling (appointments available am and pm) (requires referral)</p>	<p>10am – 12pm Blossom – Parenting support</p> <p>1pm – 2pm PINK – self-esteem & confidence</p> <p>9-5 CGL drop in</p> <p>3.30pm – 5pm CHIDVA program</p> <p>Counselling (appointments available am and pm) (requires referral)</p>	<p>10am – 12pm VOICE (Victims of Intimate Coercive Experience)</p> <p>10-12 – Support to succeed course (Must register with S2S)</p> <p>12.30pm Bromley's Solicitors drop in (2ND Thursday of every month)</p> <p>12:30-2:30 R.A.M.P (Reduction and Motivation Program) (rolling course)</p> <p>3.30pm – 5pm CHIDVA program</p> <p>Counselling (appointments available am and pm) (requires referral)</p>	<p>9.30am – 11.30am Tea & Toast</p> <p>10am – 12pm VOICE (Victims of Intimate Coercive Experience)</p> <p>1pm – 2pm Mending Mindsets</p> <p>CGL appointments available (am & pm)</p> <p>Counselling (appointments available am and pm) (requires referral)</p>

At our Women's Centre we have a variety of courses, groups and drops in's to support women with needs around:

Domestic Abuse / **Substance Misuse** / **Parenting** / **Wellbeing** / **Finances** / **Employability** / **Anger management**

Our coffee morning is 'drop in' (booking not required). All other sessions are pre-booking only. To join a group please drop into our coffee morning/call us on 0161 331 2552/email: bridges@jigsawhomes.org.uk